Module Code:	FAW501

Module Title:	Enhancing Personal, Professional & Academic Skills

Level:	5	Credit Value:	20

Cost Centre(s):	GASP	JACS3 **code**:	C610

School:	Social & Life Sciences	Module Leader:	Julian Ferrari

Scheduled learning and teaching hours	35 hrs
Guided independent study	165 hrs
Placement	0 hrs
Module duration (total hours)	200 hrs

Programme(s) in which to be offered (not including exit awards)	Core	Option
BSc (Hons) Football Coaching and the Performance Specialist	✓	☐
BSc (Hons) Sports Coaching and Performance Development	✓	☐
BSc (Hons) Sport, Health and Performance Science	✓	☐

Pre-requisites
None

Module Aims

This module aims to:

- ☐ Enrich the students' appreciation of the research process
- ☐ Enhance students' awareness of how to use resources effectively (e.g. human and online)
- ☐ Enhance personal & professional skills
- ☐ Consolidate student's awareness of relevant software packages
- ☐ Develop time and self-management skills

Intended Learning Outcomes

Key skills for employability

KS1	Written, oral and media communication skills
KS2	Leadership, team working and networking skills
KS3	Opportunity, creativity and problem solving skills
KS4	Information technology skills and digital literacy
KS5	Information management skills
KS6	Research skills
KS7	Intercultural and sustainability skills
KS8	Career management skills
KS9	Learning to learn (managing personal and professional development, self-management)
KS10	Numeracy

At the end of this module, students will be able to		Key Skills	
1	Demonstrate professional and academic skills in developing a research proposal	KS1	KS2
		KS4	
2	Analyse and appraise appropriate research designs	KS2	KS5
		KS6	
3	Synthesize literature from a variety of sources	KS5	KS6
4	Appraise research findings in relation to one's own development	KS1	KS3
		KS4	KS8

Transferable skills and other attributes

Team work, working independently, active participation in class and small group work, presentation skills, reading and writing skills, information searching, communication skills, practical group activities, IT skills including statistical analysis using SPSS.

Derogations
N/A

Assessment:
Indicative Assessment Tasks:
Assessment 1: Presentations The students will be required to present, using PowerPoint (visually only), a summary of key messages that they gained from observing a series of student/professional presentations and engagement with online module forums. Assessment 2: Oral Assessment The students will present the aims, literature base, and design for a research proposal. The research proposal should outline a specific research topic (and aims) provide a justification or rationale for the research, highlight an appropriate research strategy (based in literature) and consider issues which may impact on the feasibility of conducting the research.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	4	Presentation	20%		800 words
2	1,2,3	Oral Assessment	80%		30 mins, incl. Q&A

Learning and Teaching Strategies:
A range of different methods will be adopted including lectures, seminars, workshops, computer based lab sessions, group learning sets, including one-to-one tutorial support to provide checkpoints for student's personal, professional and academic development.

Syllabus outline:
- Retrieving, analysing and representing an evidence base (literature)   - Quantitative research designs and statistical analysis (SPSS)   - Conducting quantitative research   - Qualitative research designs and analysis   - Conducting qualitative research   - Mixed method research designs   - Staff research perspectives   - Personal development planning

Indicative Bibliography:

Essential reading

Field, A. (2018), _Discovering Statistics Using IBM SPSS Statistics:_ 5th Ed. London: SAGE

Gratton, C. and Jones, I. (2014), _Research Methods for Sport Studies_. (3rd Ed). London: Routledge.

Smith, M. F. (2017), _Research Methods in Sport_. (2nd Ed). London: Learning Matters.

Other indicative reading

Bryman, A. (2015). _Social Research Methods_. 5th ed. Oxford Press.
Kumar, R. (2014), _Research Methodology: A Step-by-Step Guide for Beginners_. 4th ed. London: Sage.

McNamee, M. Olivier, S. and Wainwright, P. (2007), _Research Ethics in Exercise, Health and Sport Sciences._ London: Routledge.

Ntoumanis, N. (2001), A Step-by-Step Guide to SPSS for Sport and Exercise Studies. London: Routledge.

O'Donoghue, P. (2010), _Research Methods for Sports Performance Analysis_. London: Routledge.

O'Donoghue, P. (2012), Statistics for Sport & Exercise Studies. Oxon, Routledge.

Silk, M.L. Mason, D.S. and Andrews, D.L. (2005), _Qualitative Methods in Sports Studies_. Oxford: Berg.

Thomas, J.R., Nelson, J.K. and Silverman, S. (2011), _Research Methods in Physical Activity_. 6th ed. Champaign Ill: Human Kinetics.